**CRITICAL THINKING IN DAILY LIFE: WEEK 2 UF05-CT module**

Critical Thinking can be applied to many aspects of daily life.

TASK 1

Following on from lecture 2b, share your reflections on the two topics below:

* Decision making

Do you tend to make rushed decisions or slower, well considered ones?

Do you usually do some research before deciding?

Do you rely on advice from certain people? If so, who?

* Problem solving

When you are facing a problem, how do you usually react?

What strategies do you find helpful in solving problems?

TASK 2

Make notes in answer to the following question:

How can you become more effective decision makers or problem solvers?

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